

# Twin Second Skin Swaddle

“patent pending”

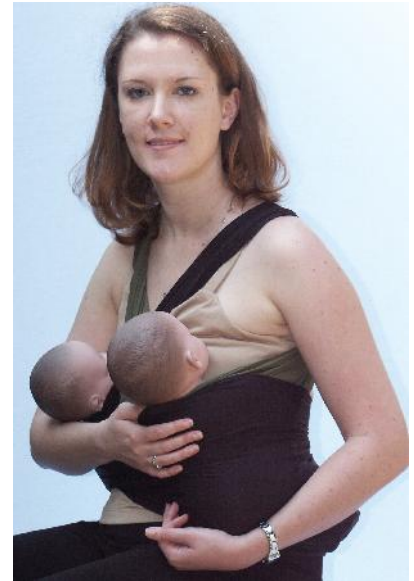
8080



Hold twins in upright position



Easily shifts to breastfeeding



Easily nurse twins



3 weeks old



9 months old

Jennifer with Beckett



Pump hands free while holding baby skin-to-skin

Normal Purchase Size	Swaddle Size	These sizes are pre-pregnancy sizes. Adjust size accordingly if weight gain is more than 20 lbs.
2 — 4	XS	
6 — 8	S	
10 — 12	M	
14 — 16	L	
18 — 20	XL	



View the videos on our website — “Instructional video for Second Skin Swaddle

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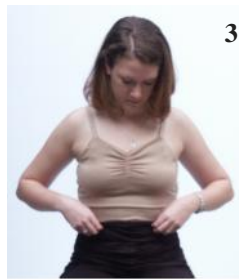
## Instructions for Use of the Twin Second Skin Swaddle



1  
There are three sections to the Twin Swaddle. Each section has a short straight side and a long curved side.



2  
Place the large curved seam in the front and short seam in back, pull first section over your head letting it rest at your waist.



3  
Place the second and third sections of the Swaddle on the same as you did the first section.



4  
Place your first baby over your right breast with your baby's knees higher than his bottom.



5  
Pull the upper section of the Swaddle up to the back of your baby's neck and smooth the sides.



6  
To position the first section of the swaddle on the shoulder, pivot your right arm toward your back. Then slide your hand inside the side back of the top Swaddle.



7  
With your hand through the top section of the Swaddle, begin to slowly lift your straightened arm. The Swaddle will slide toward your shoulder.



8  
Adjust the Swaddle on your shoulder and spread fabric.



9  
To open up the front, slide your hand up under the shoulder fabric to the neck edge of the swaddle and grasp with your fingers.



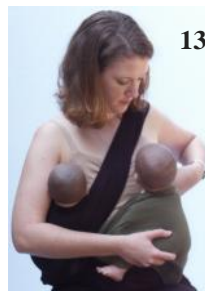
10  
Then pull out the inner edge of the under side of shoulder fabric toward your arm. This forms a twist and makes a mini cap sleeve.



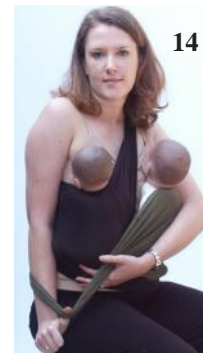
11  
Check to make sure that the pouch is formed. The bottom side of the Swaddle will pull up to the front of your baby's diaper for pouch position. Check to see that your baby's neck is straight and airway clear.



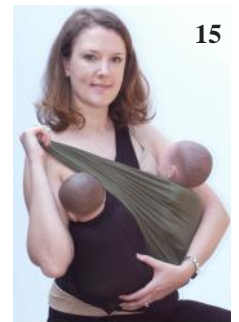
12  
Place your second baby over your left breast.



13  
Pull the second section of the Swaddle up over your baby, securing the back of his neck.



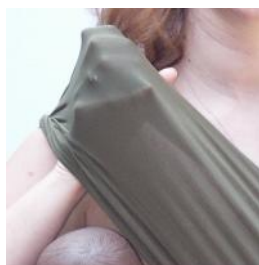
14  
Pull the second section of the swaddle up and over your first baby's head.



15  
Adjust second section of the swaddle on your shoulder and spread fabric.



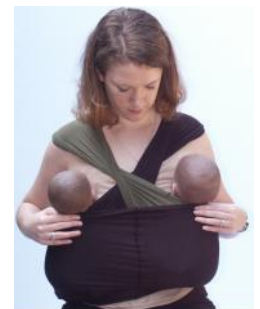
16  
To open up the front, slide your hand up under the shoulder fabric to the neck edge of the Swaddle. Then grasp the inner edge and pull out the inner edge of the under side of fabric toward the arm, this forms a twist and makes a mini cap



18  
Check pouch to see that it is formed and his airway is clear as you did in step eleven.



19  
Pull up the third section of the Swaddle. Check to see that pouches are formed and the third section of fabric is up to the back of the both babies' neck and airways' are clear. You are in a good upright holding position.



## Breastfeeding your Twins in the Second Skin Swaddle



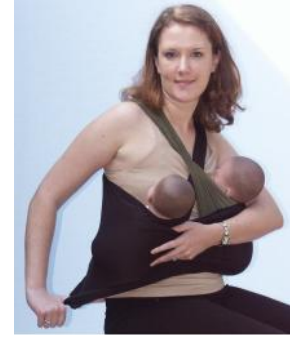
Check to see that pouch is formed and the third section of Swaddle is up to the back of both babies' neck and airways are clear. You are in a good upright holding position.



To breastfeed first Baby: Pull up the third section of the Swaddle and begin to shift your baby's bottom toward Your under arm, Pull your baby's feet out of the outer section of the Swaddle but keep your baby's bottom secured in the first section of the Swaddle.



Slide you baby to your desired breastfeeding position.



When your baby is positioned, pull the third section of the swaddle out and over your baby's feet and legs.



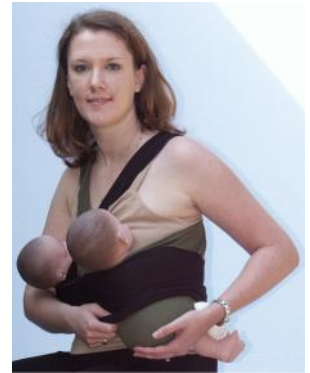
To breastfeed: untwist shoulder side for feeding. . Adjust your baby for feeding.



To breastfeed your second baby: Pull up the third section of the Swaddle up and begin to shift your baby's bottom toward your under arm.



Pull your second baby's feet out of the section of the Swaddle, but keep his bottom secured in the section of the Swaddle



Slide your baby to Breastfeeding position



When your baby is positioned pull the third section of the swaddle out and over your baby's feet and legs.



To breastfeed: untwist shoulder side for feeding. Adjust your second baby for feeding.



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## The Second Skin Swaddle Key Points for Holding and Baby Wearing



### For your Newborn in Postpartum

Baby should be kept upright between breasts with head turned and flat against chest. Mom and baby are to be chest to chest with both shoulders of baby on Mom's chest.



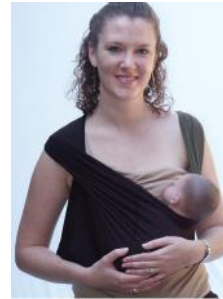
### For Baby Wearing Your Newborn

- A pouch is formed when the front sections are pulled up to the top of the diaper.
- Secure your baby's neck twice with the top edges of the swaddle sections.
- When both sections of the Swaddle are pulled up, a pouch is formed to secure your baby
- Baby's legs are cupped in pouch
- Airways are clear



### Breastfeeding your Newborn

- When breastfeeding your baby, make sure his head is in a sniffing position and he is on the upper side of your breast
- Baby's face should never be pressed against breast tissue or turned in against your body, or into the fabric of the Swaddle



### Breastfeeding Your Baby

- Babies bottom is secured in inner pouch.
- Neck supported by upper edges of fabric.
- Airways are clear



### Swaddling your older Baby

- Your baby's legs are out of pouch with baby's knees higher than his bottom.
- Baby's bottom is secured in inner and outer pouch.
- Neck supported by upper edges of fabric.
- Airways are clear



### BABIES SHOULD ALWAYS BE VISIBLE & KISSABLE

- Keep baby's chin off his/her chest. You should be able to place 2 fingers between your baby's chin & chest.
- Baby's face should be in view at all times, never covered.
- Baby should be high on wearer's body, "close enough to kiss" the top of head.
- Baby's face should never be turned in against wearer's body or into the fabric of the swaddle.
- Place baby in semi-upright position for breastfeeding & upright position for wearing.
- Use extra caution when wearing a baby under 4 months old.



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